## One Man Collaboration Unveils Debut Album "Chiaro Scuro" — An Introspective Blend of Alternative Country and Modern Fusion

TAMPA, FL – November 14, 2025 — Singer-songwriter and multi-instrumentalist Garrett Lentz, known professionally as *One Man Collaboration*, proudly announces the release of his highly anticipated debut album, *Chiaro Scuro* — an evocative exploration of contrast, emotion, and creative freedom. Italian for "contrast between light and shadows," the title reflects the album's core theme: the balance between darkness and light that defines the human experience.

Though he may appear to be just one artist, everything Garrett creates under *One Man Collaboration* is the product of a deeper, ongoing partnership between emotion, experience, and sound. For *Chiaro Scuro*, Garrett collaborated with 3× GRAMMY® and Latin GRAMMY® Award-winning producer, engineer, pianist, and keyboardist Lannie Battistini, founder of Hands In Motion Music Productions. The partnership resulted in a true meeting of artistic minds — a project that bridges raw storytelling with world-class musicianship and production.

Rooted in **Alternative Country**, *Chiaro Scuro* features a compelling mix of original compositions inspired by Garrett's own life and relationships. Each track — including *Let You Go, Narcissist, Pure Spirits, Songbird*, and *Sunny Showers* — reveals a different facet of his emotional and spiritual journey. From haunting reflections to redemptive light, the record captures the ebb and flow of personal growth and healing through music.

One standout track, *Pure Spirits*, breaks genre boundaries with a bold **EDM fusion**, seamlessly blending acoustic storytelling with modern electronic textures. The song exemplifies Garrett's "no boxes" philosophy, reflecting his fearless approach to creation and his commitment to artistic freedom.

His earlier single *Let You Go*, released in **July 2025**, paved the way for the album's arrival and quickly gained attention for its emotional authenticity and cinematic depth. With *Chiaro Scuro*, Garrett invites listeners to experience music as a mirror of life's contrasts — to feel deeply, reflect honestly, and embrace both the shadows and the light.

"Music is freedom," says Garrett. "It is freedom to be and to allow full expression to flow through you."

## A Journey Beyond the Music

Born and raised in the Tampa Bay area, Garrett's musical journey began as a self-taught guitarist inspired by the classic rock his father loved — artists such as Queen, Led Zeppelin, and The

Beatles. Over time, his influences expanded to include modern bands like Linkin Park and Three Days Grace, shaping the unique sound he brings to *One Man Collaboration*.

Outside of music, Garrett holds a PhD in Biology and Food Studies, has taught as a university professor, and is a successful entrepreneur and health coach. His multifaceted life brings intellectual and emotional depth to his songwriting, grounding his music in authenticity and purpose.

His artistic name, *One Man Collaboration*, reflects the essence of his philosophy — that creativity is both an inward conversation and a shared experience shaped by everyone who inspires, challenges, and supports the journey.

Chiaro Scuro will be available on all major streaming platforms beginning November 14, 2025.

## Contact:

Hands In Motion Music Productions & Marketing

music@handsinmotionmusic.com | www.handsinmotionmusic.com